

Invitation to participate in digital mental health survey

MEDIA RELEASE



e-Mental Health in Practice (eMHPrac) is currently undertaking a **national survey of Australian health practitioners** to examine the current knowledge, views, and use of digital mental health among the mental health workforce. The survey also explores awareness and use of the eMHPrac website, professional development preferences and views on the use of artificial intelligence in mental health care.

Participation is open to registered health practitioners and allied health professionals in Australia who work with people with mental health concerns. The survey is brief (approximately 10 minutes to complete) and anonymous – no identifying or personal information is collected. Participation is voluntary and you can withdraw at any time by exiting the survey.

If you would like to take part, please access the full study information and survey [here](#).

If you have any questions about the study, please feel free to contact us at emhprac@qut.edu.au.

Thank you for considering this invitation. Your insights are highly valued and will contribute to improving digital mental health support for both practitioners and the communities they serve.